



ONLINE: Cognitive Coaching

“This course was packed with useful and clear information.”

- Laura D.

The growing need for professional development programs for teachers has caused many school administrators to look into the Peer Coaching model. This course takes a deeper look at a specific form of this model, known as Cognitive Coaching.

This course introduces teachers to the multiple facets of Cognitive Coaching, including its stages, roles and responsibilities of the participants, the tools, strategies, and states of mind that are necessary to this process of coaching. It explores how administrators can support and facilitate it and provides a practical understanding of how to set it up.

With the help of the templates, resources, and strategies, teachers can learn how to be effective coaches and to successfully implement the program in order to achieve their end goal, which is improving student learning and performance.

Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Assessment, Planning for Instruction and Instructional Strategies.

The course also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.

Each self-study PD course from Professional Learning Board includes:

- **Convenient access** anytime, anywhere, any device
- Interactive **online** textbook
- Implement **practical suggestions** immediately
- Demonstrate comprehension with **quizzes** and checks for understanding
- Print **certificates** of completion
- Easily assign courses to align with each teacher’s **personalized PD needs**
- **Integrate** with school and district-wide initiatives
- **Low cost solution for all courses, all teachers, all school year**
- **Reports** for school administrators





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Course Outline

LESSON 1

Introduction to Cognitive Coaching

- Defining Cognitive Coaching and tracing its background and history.
- Understanding the assumptions and goals of Cognitive Coaching.
- Exploring the need for integrating Cognitive Coaching in one's school.

LESSON 2

Using Cognitive Coaching

- Identifying the three stages of the Cognitive Coaching process.
- Exploring the roles and responsibilities of the coach and coachee in the process of Cognitive Coaching.
- Identifying the information that is to be gathered and documented in each stage of the Cognitive Coaching process.

LESSON 3

Tools for Cognitive Coaching

- Identifying the five states of mind influencing teaching practice.
- Exploring strategies that can be used to enhance the states of mind through the process of Cognitive Coaching.
- Examining the tools that are used by coaches to aid the process of cognitive enhancement in coachees.

LESSON 4

Bringing Peer Coaching to your school

- Identifying tips for preparing teachers to be participants of the coaching process or to be coached.
- Learning how to assess one's skills as a coach and participating in coaching using technology.
- Setting up Cognitive Coaching in school and the role of administrators in this process.