



ONLINE: Bullying – The Golden Rule Approach

“I have utilized this philosophical approach to bullying repeatedly over the past two years and I have always found it to be highly effective.”

- Don G.

During childhood, children learn and practice the skills they will need in their adult lives. Bullying is an unpleasant but inevitable part of life that happens in virtually every social group. If children don't learn how to deal with hostility in their formative years, how will they manage when they grow up and have to face hostility from their co-workers, bosses, spouses and children?

This course enables teachers to help students respond effectively to verbal comments. Includes video role plays that model and demonstrate methodologies.



Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Assessment, Planning for Instruction and Instructional Strategies.

The course also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.

Each self-study PD course from Professional Learning Board includes:

- **Convenient access** anytime, anywhere, any device
- Interactive **online** textbook
- Implement **practical suggestions** immediately
- Demonstrate comprehension with **quizzes** and checks for understanding
- Print **certificates** of completion
- Easily assign courses to align with each teacher's **personalized PD needs**
- **Integrate** with school and district-wide initiatives
- **Low cost solution for all courses, all teachers, all school year**
- **Reports** for school administrators



ONLINE: Bullying – The Golden Rule Approach

Course Outline

LESSON 1

Understanding Bullying

- The role and impact of bullying among students.
- The Golden rule (The Law of Reciprocity) – Meaning and Application.
- Similarities between a bully and a victim.
- Friendly Approach Vs Bully Approach.

LESSON 2

Principles

- Principles and Recommended practices while dealing with bullying.
- Implementing the Golden Rule.
- Teacher's role: Judge or Disciplinarian.
- Freedom of speech and limits of speech.

LESSON 3

Bullies to Buddies (B2B) Rules

- Strategies to help students turn bullies into their buddies.
- Closer look on the B2B Strategies with video demonstrations.
- Applying the B2B practices under various circumstances.

LESSON 4

How You Can Help

- Handling Verbal attacks and rumors.
- Tackling physical attacks among children.
- Dealing with Cyber-bullying.
- Tackling bullying effectively in the workplace.