



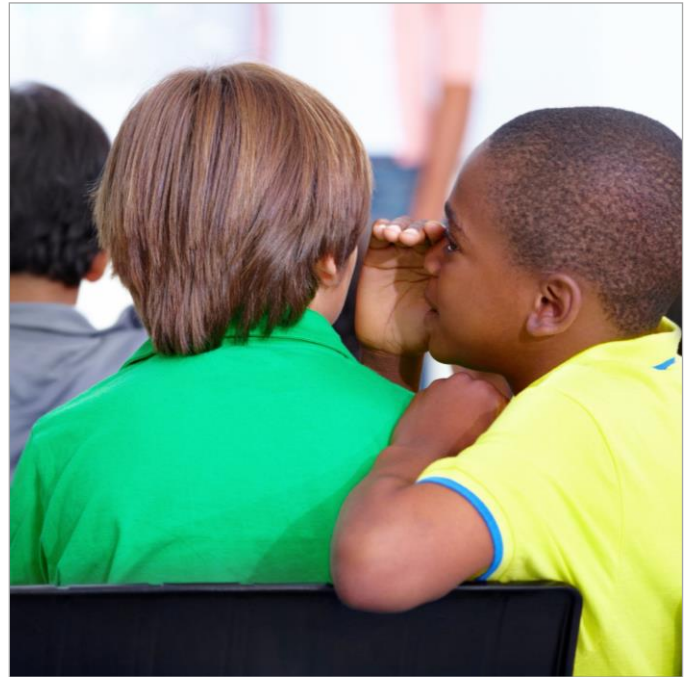
ONLINE: Bullying: Prevention and Policies for Schools

“Interesting course with great suggestions.”

– Michelle H.

Bullying is a form of aggressive behavior and can be either covert or overt in nature. Bullying incidents vary in their severity and impact. Most mild bullying behavior can be managed by the students themselves. More severe incidents may require intervention from teachers and other school staff. Therefore, schools have a valuable role in supporting students to develop effective ways to relate to others.

The aim of this online course is to enable teachers to build a school culture where bullying has no place, by modeling and fostering healthy social interactions among students. This course helps teachers to develop their understanding of bullying and gives them confidence to respond to and address it.



The practical strategies in this course can be adapted by teachers to meet the specific needs of their individual classrooms. Teachers are empowered to prevent and respond to bullying effectively as part of promoting positive environments in which all students can learn and thrive.

Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Assessment, Planning for Instruction and Instructional Strategies.

The course also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.

Each self-study PD course from Professional Learning Board includes:

- **Convenient access** anytime, anywhere, any device
- Interactive **online** textbook
- Implement **practical suggestions** immediately
- Demonstrate comprehension with **quizzes** and checks for understanding
- Print **certificates** of completion
- Easily assign courses to align with each teacher’s **personalized PD needs**
- **Integrate** with school and district-wide initiatives
- **Low cost solution for all courses, all teachers, all school year**
- **Reports** for school administrators



ONLINE: Bullying: Prevention and Policies for Schools

Course Outline

LESSON 1

What is Bullying?

- Defining and understanding bullying behavior.
- Differentiating between bullying myths and facts.
- Learning about the different types of bullying.
- Understanding the characteristics of bullying and the effect it has on the people involved.
- Recognizing warning signs of victimization and identifying bullying incidents.

LESSON 2

Cyberbullying

- Understanding the difference between cyberbullying and traditional bullying.
- Understanding the types of cyberbullying and learning how to recognize the signs.
- Understanding how to prevent and respond to cases of cyberbullying.
- School level measures to prevent cyberbullying.

LESSON 3

Reporting and Response

- Four phases or levels of reporting a bullying incident.
- Understanding anonymous and online reporting of bullying incidents.
- Documentation of bullying incidents.
- Understanding the different bullying intervention methods.
- Challenges faced by school administrators while dealing with bullying incidents.

LESSON 4

Bullying awareness and prevention

- Understanding the key elements, aspects, and challenges of school-wide bullying prevention.
- Understanding bullying prevention at the classroom and individual level.
- Exploring different bullying awareness activities for elementary, middle, and high school students.
- Involving parents in the anti-bullying initiatives of the school.